



the National Basketball Academy

The  
National Basketball Academy  
Presents

**2010 TNBA First Annual  
Jr. High School Group Training**

**Heisley Racquet & Fitness Club  
Mentor, Ohio**

**Mondays: September 13<sup>th</sup> – November 8<sup>th</sup>  
6:30 - 8:00pm**

**Who:** 6<sup>th</sup>, 7<sup>th</sup> and 8<sup>th</sup> Grade Boys  
**What:** Pre Season Basketball Training

**When:** Mondays, September 13, 20, 27, October 4, 11, 18, 25, and  
November 1, 8  
**From 6:30-8pm**

**Where:** Heisley Racquet & Fitness Club,  
6000 Heisley Road,  
Mentor, Ohio 44060

**Why:** To give players a chance to develop their basketball skills and get ready for the junior high season. The first hour will be all skill work instructed by a TNBA trainer. The last half hour the players will be able to practice the skills that they learned by playing 5 on 5 games.

**Cost: \$20 per session per player.**  
**Just show up ready to play with cash or check.**